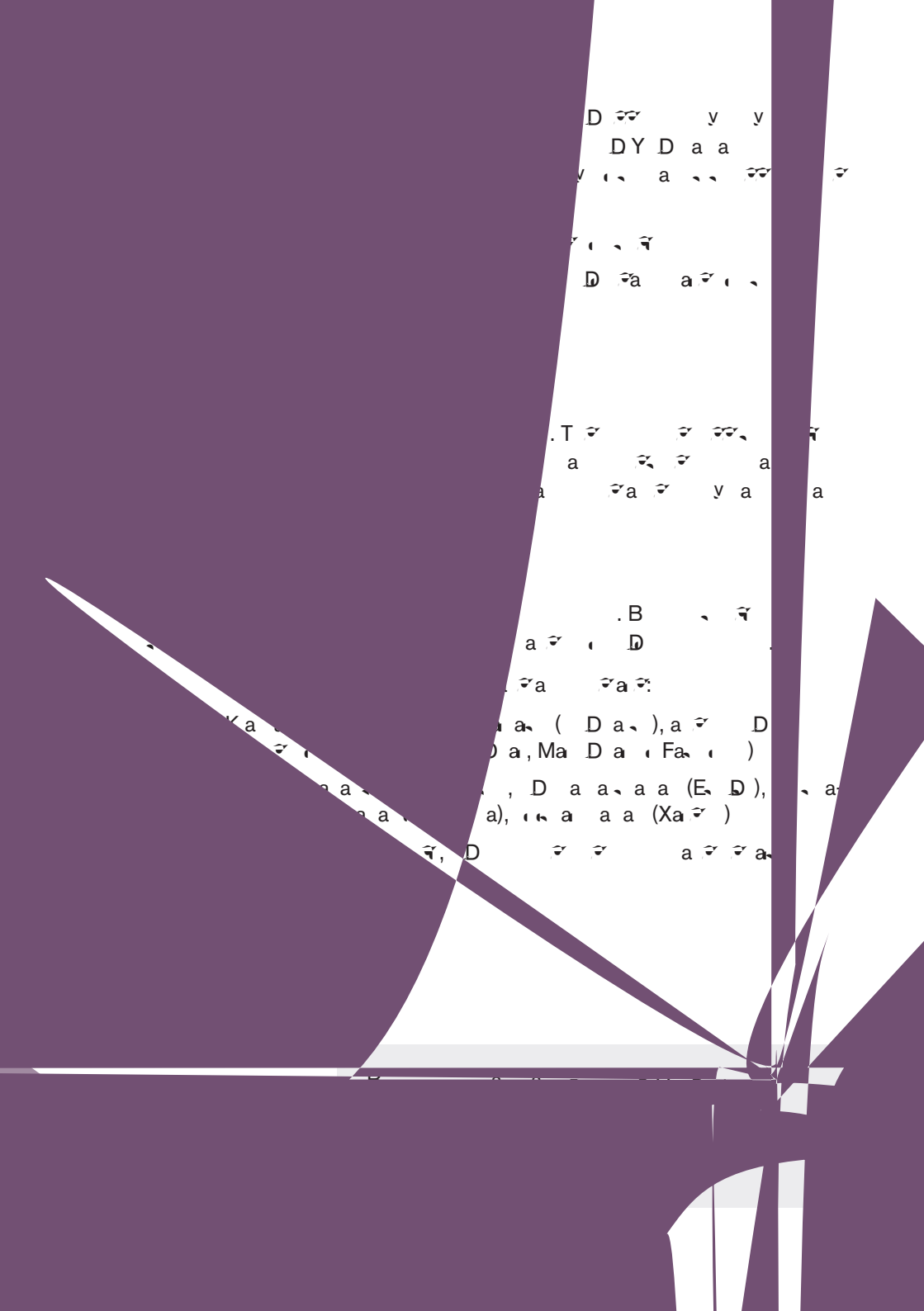


Checking how well your medicine is working

Blood thinners y , a D .I , y D , Dv , a a a .I , y , a a , , D , a D a , a .T , , .

T A , a S , H a a a , a D y a y D , a a D , , .O , - , VKA , y , , .T a , y a , D , , a y a a a a .

If you take warfarin or other VKA pill

Y Dv , a a a I , a N , a Ra , (INR) . Y Dv , a , y , a , a VKA , .B , a , , a , D a , , a , a , D a , a .

T INR y , a D y , a , D .T , , D y a a a , a .

a , a

Testing your own blood at home

If you are at low risk of a blood clot:

Y D a a D D y INR a a . I D a , D D a a , a y D a .

I , a :

D , a ,

D , a y

D , a a ,

, D a a , a , D , (.,)

Benefits: Y D a a D a , a y , D a . Y D a , D a a , D a a . Y D a a a a a a a a a a (a a). OD 1,000 , a 10 10 .

If you are taking DOACs

I D a (a a a D a (DOAC , D a a a a a a), D a D D a . Y D a a , a D a , D a a , .

If you are not testing your blood at home

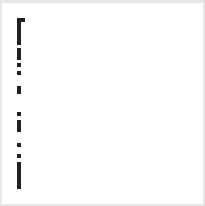
I Da a a D a , D a , D a a . U a **special anticoagulation management service (AMS)** a a D D Da a a a D a a .

A **AMS** a a y a a a a a a .Y D a INR a a a a .

Benefits: G a AMS a a D a a a a . I a a a a D a D a a . I a a a D D a D a D D Da a a .

Harms: T a a D a AMS.

Speak with your health care provider

To understand what you need to know when taking a blood thinner, you can speak to your health care provider about

- D
- y a D a
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